



Deli & Bakery Takeout Menu

Neighborhood Co-op Grocery . Carbondale . 618.529.3533 x 214

Place an Order - 2 days in advance, please: (618) 529-3533 x 214

Brunchin' Munchies

	Serves 12
Muffins*	\$25.99
Bagels*	\$17.99
Scones*	\$25.99
Banana Bread	\$25.99
Assorted Bars*	\$19.99
Turnovers*	\$21.99
Brownies	\$15.99
Big Band Cookies*	\$19.99
Muffins & Scones*	\$25.99
Coffee for a Crowd	\$12.99



We proudly serve Equal Exchange
Fair Trade Coffees

*Want a mix? Let us know when you place your order.

Someone Say Party?

	Serves 12
Fruit & Cheese <i>Seasonal fruit with provolone, cheddar, Swiss and pepper-jack.</i>	\$35.99
Veggie Platter & Dip <i>Ripe seasonal veggies with your choice of dill or ranch dip.</i>	\$35.99
Middle Eastern Platter <i>Delicious tabouli, dolmas, cured olives, our original plain hummus and pitas.</i>	\$34.99
Picnic Platter <i>Two whole, hot, all natural chickens, 2 lbs red potato salad and 1 lb The 'Dale Salad.</i>	\$35.99
Packed Lunch for 12 <i>Assortment of sandwiches & wraps served with chips and pickle.</i>	\$79.99

For a Crowd

	Serves 12
Classic Four Cheese Lasagna <i>Our Most Popular!</i> <i>A staff and board meeting favorite! Lasagna made with all natural mozzarella, whole wheat noodles and a delicious roasted tomato sauce.</i>	\$54.99
Lil Cheezy Turkey Loaf <i>All natural, extra lean ground turkey combined with yummy cheddar and oats. It's better than Mom used to make!</i>	\$64.99
Zucchini Feta Bake <i>A hearty casserole with your choice of grain (bulgar, quinoa or brown rice) with moist zucchini and the tang of feta cheese. Great for all seasons!</i>	\$54.99
Black Bean or Chicken Enchilada <i>Our very popular & healthier enchilada casserole (veggie or meat, your choice) packed with flavor and topped with our homemade enchilada sauce.</i>	\$54.99/\$64.99
Ratatouille <i>Our take on a classic - layered seasonal vegetables topped with delicious Parmesan cheese.</i>	\$44.99
Ethiopian Teff Loaf <i>Made with the world's smallest grain, teff, paired up with sweet potatoes, leeks, kale and aromatic spices - this is a vegan & plant-based diet favorite!</i>	\$44.99
Dinner Rolls <i>White or wheat rolls made from-scratch in the wee hours of the morning by our bakery.</i>	\$7.99

Mmmm Pizza

	Serves 4 Generously
Meaty Pizza Options <i>Your choice of BBQ chicken, buffalo chicken, pesto chicken, pepperoni, salami or ham. Add an extra topping at no extra charge. Classic pizza, but made with all natural meats that contain no nitrates or nitrites on a from scratch whole wheat or traditional crust.</i>	\$13.99
Über Veggie Pizza <i>The ultimate veggie combo with your choice of three local & organic (whenever possible) vegetable toppings: artichokes, bell pepper, garlic, mushrooms, green or black olives, spinach and tomato. Your choice, from scratch whole wheat or traditional crust.</i>	\$11.99
Melting Vegan <i>A vegan red sauce based pizza with garlic and spinach that is topped with deliciously melted Daiya cheese, instead of the dairy-stuff, on a from scratch whole wheat or traditional crust, you choose.</i>	\$11.99
Pizza Topping Options: (each additional topping- .75¢): pepperoni, ham, salami, extra cheese, artichokes, onion, bell pepper, garlic, mushroom, olives (green or black), peperoncini peppers, chili flakes, fresh basil (when in season), spinach, and tomato.	

Snappy Salads

	Serves 12
Calico Pasta Salad <i>Bell peppers, cucumber, artichoke, black olive, carrot, sundried tomatoes, and green onions tossed with fusilli pasta and Veganaise.</i>	\$40.99
Ginger Peanut Pasta <i>Can't make enough of this pasta, folks love it so much! Fusilli pasta tossed in an amazing peanut, ginger dressing, topped with carrots, green onions and sesame seeds.</i>	\$59.99
King Kale <i>Our Specialty!</i> <i>Chef Jon's special recipe of local, organic kale with cucumber, green onions and pecans in an East meets West vinaigrette.*</i>	\$39.99
Sesame Spinach Salad <i>A salad to make Popeye jealous - baby spinach, red bell pepper, red onion, and toasted sesame seeds in an Asian fusion vinaigrette.</i>	\$39.99
Seasonal Cucumber Salad <i>Just like Grandma used to make, with local, organic cucumber* right out of the garden dressed in a sweet and sour vinaigrette.</i>	\$26.99
The Dale Broccoli Salad <i>Super Popular!</i> <i>Did someone say family reunion? This dish is perfect - broccoli, sunflower seeds and Bac'Uns dressed with a light sauce.</i>	\$45.99
Red Potato Salad <i>As simple as it gets with no fussy, overly mayo'd heaviness. Just red potatoes, celery, carrot, and organic canola mayonnaise to bind it together.</i>	\$23.99
Picnic Potato Salad <i>Our Most Popular!</i> <i>Red potatoes combined with peas, corn and green onions in a mustard, mayo and wingar dressing.</i>	\$41.99
French-style Potato Salad <i>Roasted yukon golds, green onions, capers and parsley tossed with a Dijon vinaigrette with absolutely no mayo!</i>	\$35.99

* local and organic ingredients are subject to availability and may be substituted

Something Sweet

Fresh Baked Pies <i>Your choice of all natural apple, blueberry or seasonal fruit pie. Pies are made with as many organic ingredients as possible.</i>	\$19.99 (serves 8)
Best Darn Chocolate Cake <i>Moist, rich and delicious - made from-scratch right in our bakery. Shhh, you'll never know it's dairy and egg-free!</i>	\$55.99 (serves 24)
Scotch Bliss Cake <i>Our version of a vanilla cake with a twist - a touch of rich butterscotch in the frosting. So creamy & delicious you'll never miss the eggs & dairy!</i>	\$55.99 (serves 24)
Betty's Carrot Cake <i>OK, so Betty Carotene didn't come up with this cake, but we named it after her anyway. Luscious carrot cake with healthy raisins and nuts in the batter topped with delicious cream cheese frosting.</i>	\$39.99 (serves 24)
Passion for Cupcakes Box <i>Who doesn't like a cupcake? Those sweet little packages -no fork re quired! Choose from any of our cakes.</i>	\$21.99 (serves 12)
Take it to the Gig Big Cookie Box <i>Order a sampler or a full dozen of our from-scratch Big Cookies.</i>	\$19.99 (serves 12)
Mom's Brownie Box <i>Rich and chocolaty. Moms, maybe yours aren't so good, but you can take ours and pretend. We won't tell. ;)</i>	\$15.99 (serves 12)

Your Choice: Most of our cakes and frostings can be made with or without eggs or dairy - just let us know what you would prefer when you place your order. And, feel free to mix and match cakes and frostings too. The choice is yours! Note: All cakes are baked in 18x22 inch pans. However, 9" rounds and smaller cupcakes are also available on request.

How to Order & Other Stuff



Deli Hours

Service Case Open Daily: 7AM - 10PM
Breakfast Hot Bar: 7AM - 11AM
Lunch/Dinner Hot Bar:
11AM - 8PM

Just about everything on this menu is



So please give us at least 2 days to get your order ready. Thanks!

Place an Order

Call the Deli or Bakery
(618) 529-3533 x 214